



# ST. GERARD CATHOLIC SCHOOL

May 23, 2019

## **Love and Logic: Why Gaining Respect Requires Limits**

Many parents and educators struggle with feeling disrespected by their kids or students. Does this resonate with you? Do you ever find yourself thinking, "Why does this kid think it's okay to treat me like this?" or "I go out of my way to treat these kids well. Why do they act like I'm stupid?"

Disrespectful behavior (eye-rolling, arguing, defiance, lying, etc.) is often a form of limit testing, which is a young person's way of asking this important question: "Do you love me enough to provide the caring boundaries required to keep me safe from myself?" When limits over respect are inconsistent or weak, disrespectful behavior increases. The child's self-concept suffers, and they lack the modeling required to learn how to set limits with their peers.

The ability to say "no" to peers starts with experiencing "no" from one's parents.

Those familiar with Love and Logic know limits are most effectively provided when we describe what we are willing to do or allow, rather than trying to tell others how they should behave. Describing our own actions provides an enforceable limit. Dictating the actions of another does not.

"Treat me with respect!" is unenforceable.

"I'm happy to do the extra things I do for you when I feel respected" is enforceable.

Is it okay for a parent or educator to calmly and consistently provide perks only when they feel respected? Absolutely! In fact, it's essential. While our children certainly won't thank us in the short term, we can be assured that doing so provides the type of limits and security they need.

A Love and Logic mom recently described how she began the process of gaining her thirteen-year-old son's respect:

Son: "It's time for you to take me to practice. Why are you just sitting there?"

Mom: "Oh this is so sad (or bummer). It's just really for me to want to do the extra things I do for you when I keep hearing how dumb you think I am."

Son: "I was just kidding! Why do you make such a big deal out of everything? It's time to go."

Mom: "Maybe next week at this time, I will feel better about taking you. I sure hope so."

She held firm and experienced the predictable onslaught of arguing, pouting, and guilt-trips.

"Over the past few months," she reflected. "I see him becoming calmer and more respectful. I think he's realizing that I care enough about myself to expect respect."

**We teach people everydy (not just kids) how to treat us.**



# ST. GERARD CATHOLIC SCHOOL

NEWSLETTER, PAGE 2

May 23 2019

## Upcoming Events

- Friday, May 24<sup>th</sup>: First Grade Picnic from 11:30-2:00 at Grand Woods Park (no hot lunch)
- Monday, May 27<sup>th</sup>: No School Pre-8<sup>th</sup>/Memorial Day
- Wednesday, May 29<sup>th</sup>: 1<sup>st</sup> grade Field Trip to IQHub
- Thursday, May 30<sup>th</sup>: 2<sup>nd</sup> grade Field Trip to IQHub  
8<sup>th</sup> grade Exams Begin/Dismiss at 11:00 AM (8<sup>th</sup> grade only)  
4<sup>th</sup> grade Owl Pellets at 1:45-2:30 in Fr. Weber Hall  
Preschool Picnic/Last Day of Preschool
- Friday, May 31<sup>st</sup> : 8<sup>th</sup> grade Exams/Dismiss at 11:00 AM (8<sup>th</sup> grade only)  
Kindergarten Field Trip to Sharp Park (no hot lunch)
- Monday, June 3<sup>rd</sup>: 7<sup>th</sup> and 8<sup>th</sup> grade Exams/Dismiss at 11:00 AM (junior high only)
- Tuesday, June 4<sup>th</sup>: 7<sup>th</sup> grade Exams/Dismiss at 11:00 AM (7<sup>th</sup> grade only)  
8<sup>th</sup> grade Graduation Practice until 10:15 AM/Will be Dismissed from the church  
8<sup>th</sup> grade Graduation at 6:30 PM  
2<sup>nd</sup> grade Field Trip to Sharp Park (no hot lunch)
- Wednesday, June 5<sup>th</sup>: 7<sup>th</sup> grade Exams/Dismiss at 11:00 AM (7<sup>th</sup> grade only)  
Field Day for grades K-5/Picnic Lunch (hot dog or hamburger)
- Thursday, June 6<sup>th</sup>: 7<sup>th</sup> grade Field Trip to U Club (no hot lunch)  
6<sup>th</sup> grade Field Trip to Royal Scot  
5<sup>th</sup> grade Field Trip to Sharp Park (no hot lunch)  
4<sup>th</sup> grade Picnic at SGS (no hot lunch)  
Kindergarten Graduation at 9:30 AM in the church
- Friday, June 7<sup>th</sup>: Last Day of School/Dismiss at 11:00 AM  
All School Mass at 8:10 AM  
No PM Waverly Bus

**Retain this top portion as a reminder that you ordered a yearbook**

Date ordered \_\_\_\_\_

Cash or check amount \_\_\_\_\_ Check number \_\_\_\_\_

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May 23, 2019

Dear Parents,

The yearbook is created by the junior high students as part of the Journalism electives class. All grades, preschool through 8<sup>th</sup> grade, are represented in the book.

**The yearbook cost is \$27.**

**We have sold well over  $\frac{3}{4}$  of our limited supply of yearbooks. There are a limited number of yearbooks still available! If you wish to order a yearbook, please do so soon to ensure your copy!**

To reserve a yearbook for your child please return the bottom portion of this form along with payment of \$27 per yearbook. A limited number of books will be available for sale. After the books are sold, we are unable to order additional books. Please note that we do sell out of books every year. **Please place your order early to ensure that a copy will be reserved for you.**

To order: Complete the form below. Return it to the school office, noting that it is for a yearbook purchase. Include your payment (checks should be written out to St. Gerard School). Retain the upper portion of this form for your own records.

Thank you,

The Yearbook Staff

.....  
To order a yearbook, please return this portion. One child per form please.

Child's Name \_\_\_\_\_ Teacher \_\_\_\_\_

Number of yearbooks requested \_\_\_\_\_

\$27 for each book ordered \_\_\_\_\_

Cash amount \_\_\_\_\_ Check amount \_\_\_\_\_ Check # \_\_\_\_\_

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## ST. GERARD GIRLS VOLLEYBALL CAMP

Dear Parents,

The St. Gerard Athletic Commission is hosting its 2<sup>nd</sup> St. Gerard Girls Volleyball Camp! During camp the group will practice basic volleyball skills such as serving, passing, hitting, and setting. The goal of the camp is to familiarize the girls with basics of volleyball and show them how much fun volleyball can be!

Dates: June 11<sup>th</sup> - 2<sup>nd</sup> and 3<sup>rd</sup> grade

June 12<sup>th</sup> - 4<sup>th</sup> grade

June 13<sup>th</sup> - 5<sup>th</sup> grade

Location: St. Gerard Gym

Time: 5:30 to 7:30 p.m.

Fee: \$10 a day

Maximum attendees: 20 girls per day

Please return the bottom portion of this sheet with payment to the school office by June 5<sup>th</sup>, Attention: Athletic Commission. Checks payable to "St. Gerard Athletics"

~~Questions? Contact Marissa Hendee 517-763-7771 or Holly Howard at 517-490-0871.~~

### Girls Volleyball Camp - June 2019

Students Name: \_\_\_\_\_ Grade in Fall 2019: \_\_\_\_\_

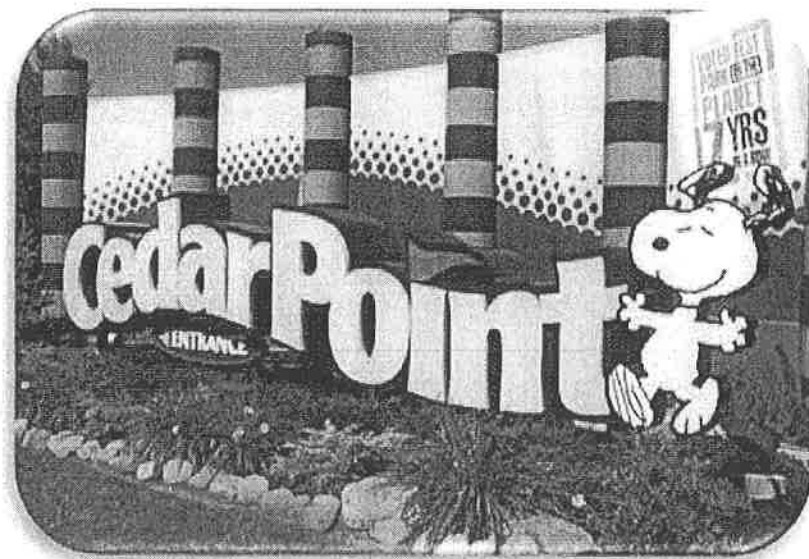
Mother's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mother's email address: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Father's Email address: \_\_\_\_\_

# IT'S TIME TO GET TO THE POINT!



**Sponsored by St. Gerard Youth Ministry**

**WHEN: Wednesday, June 26, 2019!**

**WHO: All teens in grades 7<sup>th</sup> thru 12<sup>th</sup> are invited.**

**WHEN DO WE LEAVE: 6:15am from the lower parking lot**

**RETURN TIME: Midnight: Bus arrives back at St. Gerard Parish**

Cost: \$75.00 (Fee includes admission ticket and transportation.)

This Year the Fee also includes a Free Drink Wristband!

Unlimited Coca Cola Products for the day!

### **Your Cedar Point trip check list**

Sweatshirt/Jacket for the bus

Suntan Lotion/Sun block

A change of clothes – you may get wet

Money for Food and Souvenirs – we will stop at McDonald's on the way home

Backpack (may be left on the bus)

Please include your \$75.00 payment check made out to St. Gerard Parish.

**The deadline to Register is June 9 2019.**

**Bring a friend and enjoy an exciting day at Cedar Point!**

**Spots fill up fast. Get Your Forms in ASAP!**

**St. Gerard Youth Ministry**  
**Diocese of Lansing**  
**Parent Permission Form**

Dear Parent or Legal Guardian:

Your child is eligible to participate in a parish/school sponsored activity requiring transportation to a location away from the parish/school premises. This activity will take place under the guidance and supervision of employees and/or volunteers from the Diocese of Lansing. A brief description of the activity follows:

**Name of Event:** Cedar Point

**Destination:** Cedar Point, Sandusky, OH

**Designated Supervisor of Activity:** Jeff Corder, Coordinator of Youth Ministry

**Date and Time of Event:** Wednesday June 26, 2019 – Drop child off at 6:15 a.m. at St. Gerard and Pick Up child at Midnight at St. Gerard.

**Cost:** \$75.00 – Includes Admission to the Park and a Drink Wristband for free Coca Cola Products during the day

**Emergency Contact:** Jeff Corder at 810-820-5166

**Method of Transportation:** Charter Bus

Questions Contact: Jeff Corder at 323-2379 or email [youth@stgerard.org](mailto:youth@stgerard.org)

**Youth MUST HAVE SIGNED PERMISSION FORM or they cannot attend.**

Detach and return bottom portion of form.

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**Statement of Consent to Attend Cedar Point**

I hereby consent to participation by my child \_\_\_\_\_ in the event described above scheduled for **June 26, 2019**. I understand that the event will take place away from the parish/school grounds I further consent to the conditions stated above on participation in this event, including method of transportation.

In consideration of my child being allowed to participate in this event, I agree to waive and release, and indemnify and hold harmless St. Gerard Parish/School, any and all affiliated organizations, its/their employees, agents, representatives, volunteers, and drivers, from any and all claims I or my child may have, excluding claims for intentional misconduct or gross negligence arising from or relating to my child's participation in this event.

Child Date of Birth: \_\_\_\_\_

Address of child: \_\_\_\_\_ Relationship To You: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

List allergies, medications, contacts, or other pertinent

comments: \_\_\_\_\_

Insurance Phone # \_\_\_\_\_ Bin # \_\_\_\_\_

Health Insurance Data: Company: \_\_\_\_\_ Policy: \_\_\_\_\_

Group: \_\_\_\_\_

Contract: \_\_\_\_\_ This release form is completed and signed of my own free will with the sole purpose of authorizing medical treatment under emergency circumstances in my absence and to grant permission to attend event.

I certify that I am the (check one) \_\_\_custodial parents \_\_\_legal guardian of the minor child named in above and I agree to the above terms for myself and for my minor child.

\_\_\_\_\_  
(Print Parent's Name)

\_\_\_\_\_  
(Parent's Signature)

\_\_\_\_\_  
(Date)



# Waverly Swim Club

[www.waverlyswim.org](http://www.waverlyswim.org)

## **Summer 2019 Registration**

Parents/guardians: Register your swimmer on either

**Mon, 6/10 or Tues, 6/18**

**5:30 pm - 6:30 pm**

**Waverly High School Pool**

*Summer Session runs from  
Mon, June 10 thru Fri, July 26*

**Bring your suit!**

**Swimmers will be evaluated at  
Registration for level placement.**

**For more information/fee schedule  
visit our website [www.waverlyswim.org](http://www.waverlyswim.org) or  
contact Cathy at 321-1992 or [dclashbrook@comcast.net](mailto:dclashbrook@comcast.net)**

